



WAIWERA SOUTH SCHOOL



Tauite
Nurture

Whakamanawa
Inspire

Whanake
Grow

3 March 2026

Dear families,

Waiwera South Primary School students will be taking part in a Water Safety day with Mrs Sinclair on **Tuesday 10th March** at Kaka Point.

This will provide students with a real experience of Water Safety and Surf Lifesaving. Students are immersed in a Surf Life Saving environment with hands-on experience of beach and surf conditions. They are learning about surf and beach safety from our experienced Mrs Sinclair (an ex surf lifeguard). Students receive safety messages which are then put into practice in a managed environment at the beach.

The day will be a mix of practical and theory sessions with activities including:

- Receiving surf safety messages to help stay safe at the beach.
- Understanding the role of lifeguards and the jobs they do on the beach.
- Learning about the beach environment – waves, rips, holes and currents.
- Participating in some fun beach games.
- Putting it all into practice in the water with activities such as bodyboarding, swimming and tube rescues.
- Sun safety.

The emphasis is on learning to be safe while enjoying New Zealand's favourite playground – the beach!

Children will not need to wear their uniform but must be in practical clothes - prepared for all weather. They need to have a packed lunch and large drink for the day along with sunscreen and a hat. They will need their swimming togs, towel, warm clothes and a wetsuit if one is available.

We will need several parent helpers, if you are prepared to get in the water that is even better - some adults will be required to so the children can swim. Please bring your togs and wetsuits 😊

No pre-schoolers are able to attend this day.

We will be leaving school at 10:20am and will be back in time for the afternoon bus. . Please fill in the **form** and return to school by Friday the **6th** if you are able to help.

If you have any queries about our water safety day, please let us know.

Kā mihi

Kaz, Lauren and Leanne

I/we _____ can attend the Water Safety Day as a parent help on
Tuesday 10th March.

I can provide transport for _____ students in seat belts.

I am prepared to get in the water with the students **YES/NO**

My car has a current warrant and registration. Yes/No

Signed: _____ Date: _____

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