



WAIWERA SOUTH SCHOOL



Tauite
Nurture

Whakamanawa
Inspire

Whanake
Grow

Helpful links for Covid information

Copied from Ministry of Education advisory

Preparing for COVID-19

You can also prepare for COVID-19, making sure you and your household have a plan and know what to do. This will mean your whānau and community can help each other if needed. Find out more here:

- [Be prepared for COVID-19](#)
- [Download the COVID-19 Readiness Checklist \[PDF, 121 KB\]](#)
- [What to expect when self-isolating at home](#)

Self-isolating at home because of COVID-19

Many people will be able to manage self-isolation with help from friends and whānau, but there is help available if you need it – both with health support and access to food and other essentials.

- [What to expect when self-isolating at home | Unite against COVID-19 \(covid19.govt.nz\)](#)
- [Getting extra support if you have COVID-19 or are self-isolating | Unite against COVID-19 \(covid19.govt.nz\)](#)
- [COVID-19 positive – managing your symptoms | Health Navigator NZ](#)

If you know anyone in your community affected by COVID-19 and who may need help, such as food and other financial assistance, Work and Income has a range of [supports available for individuals, families, employers and self-employed people affected by COVID-19](#).

Work and Income support

The beginning of the year can be a tough time for parents who are faced with many costs and it is important you are aware of what assistance you may be able to get from Work and Income. These are available to people on a low income as well as those on a benefit.

[Check what you might get here](#)

- [School costs](#)
- [Out of School Care and Recreation \(OSCAR\) Subsidy](#)
- [Other Childcare Assistance](#)
- [School and Year Start-up Payment \(for people getting Orphan's Benefit or Unsupported Child's Benefit\)](#)
- [Help with living costs \(including food and rent/mortgage\)](#)

Use the links above or call 0800 559 009 to find out more, or to apply.

MoneyTalks can assist with [free budgeting and debt help](#)

You can also contact your local community provider. [Please find more information here](#).

Getting ready to return to school

The Ministry of Education has some helpful information on their [Parents and Whānau website](#) to support your tamariki to get back to school. There is also a very important reminder about how you can [take care of yourself](#).

While this might all feel a little overwhelming at times, we know that all these measures will help our children return to school, reconnect with whānau and friends and do what they enjoy.